UU Fellowship of Winona Newsletter

September, 2014

Volume 27 #1



Services held at 10 am each Sunday, from September to May in Lourdes Hall, 457 Gould St., Winona

Theme: THE SACRED

September 7 Presenter: Jim Armstrong, Coordinator: Jim Armstrong WATER SERVICE:

The Water Ceremony is an annual rite in many UU communities. Bring a small container of water to add to our communal basin, so that we might celebrate coming together again after a summer apart and commemorate important spiritual highlights of the summer.

September 14 Presenter: John Chernega, Coordinator: Sarah Dixon EVERYDAY SPIRITUALITY:

Is the Sacred tied to a geographic place or can we discover it with the right frame of mind? John will discuss searching for spirituality in the mundane tasks of our everyday lives.

September 21 Presenter: Nancy Quinn, Coordinator: Jim Armstrong MUSIC AND THE SACRED:

We'll explore what this means on a personal & community level to UUs.

September 28: Presenter: Dick Dahl, Coordinator: Laura Armstrong THE SACRED DIMENSION OF REALITY:

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as if everything is" (Albert Einstein)

All are welcome to come for Silent Meditation (with brief meditation instructions) at 9am Sundays in the K-4 classroom. People who like to sing are encouraged to "warm up" their voices with Nancy at 9:45am before the Sunday Services.

For audio archives and more information about UUFW go to our website: http://www.winonauu.org

BIG EVENT

Our famous UU Book Sale is coming up! It is our Fellowship's *only* fundraising event and it is very well known, meaning that we make a lot of money. AND we give it all away: this year to Partners in Health and Winona Food Shelf. So--here's what you'll want to know:

UU Book Sale Saturday, September 27 121 West Sixth--Kiihne's home

- --DONATE books: a few rules--some new ones:
 - --Pack into boxes *please!*
 - --NONE OF THESE:

They just don't sell then we have to dispose of them computer manuals textbooks

encyclopedias

VHS--videos

Games

- --DELIVER to Kiihne's front porch beginning Sept 1.
- --SIGN up to work! It's fun! It's great for our Fellowship's reputation, and you'll meet lots of people. Sign up at our morning services which begin Sept 7.
- --<u>TELL Everyone!</u> Spread the word. On Sundays mornings, you can pick up "refrigerator reminders" to give to all your friends--and strangers too!